

# OUR AMAZING VOLUNTEERS

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Jennifer Auld  
Arun Bala  
Jesse Barrett  
Gabriella Bateman  
Virinia Belliard  
Chantal Bouazo  
Sarah Bradford  
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Anna Busby  
John Carney  
Carolyn Chandler  
Ray Coleman  
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Danielle Mirda

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Ashlyn Moore  
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Andrew Rockafellow  
José Rosado  
Katalin Roth  
Kevin Schwartz  
Sasha Shackelford  
Hugo Shepard  
Adam Singerman  
Pat Stack  
Betty Suh  
Tom Stack  
Sandy Tarpinian  
Kim Taylor  
Victor Villacorta  
Kelly Watkins  
Locke Wilson  
Jessica Wyatt  
Mark Yost



**SOMOS AMIGOS**  
P208 32nd Avenue  
Seattle, WA 98122

CELEBRATING  
**20**  
YEARS  
CENTRO DE SALUD EL NARANJITO  
SOMOS AMIGOS MEDICAL MISSIONS



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# ANNUAL REPORT //2015



## HOLIDAY GREETINGS FROM SOMOS AMIGOS®

Dear Friends,

We are entering an important time for Somos Amigos. In less than two years we will be celebrating our twentieth anniversary... how could we have ever imagined in 1997, with one physician, one dentist, and six high school students, that we'd still be here today? We embarked upon our journey with humility, and honestly, not many expectations. And now, nearly twenty years later, we find ourselves recognized as a model for the delivery of quality medical and dental care. I often think of some of our patients, people who rely on us and the care we provide. Sometimes I believe we cannot comprehend how their lives have changed as a result of Somos Amigos. And how my life has changed, and maybe yours too, if you have volunteered with us... well, this was unforeseen as well. But it's real.



Somos Amigos started with just one trip per year. After several years of growing our volunteer base and improving our facilities, we added a second trip. Within a few more years, in response to the mounting need, we added a third. And now we know now it's time to grow again by adding a fourth trip to our yearly schedule. Our anniversary is the perfect opportunity to do so.

But we're not just talking about adding another trip. In addition to increasing the frequency of our visits to Naranjito, Somos Amigos will staff our clinic with a local provider on a regular basis between our visits. This will allow us to monitor patients between our trips and also to identify patients who have special needs before our groups arrive and get them the care they deserve.

This is a time for us to be bold as we look to the future.

Somos Amigos would be only simple cinder block buildings if it were not for you and the other benefactors and volunteers who have built us into the organization we are today. I hope you will join us as we look to the next chapter in our work together, the next twenty years. Please consider making a tax-deductible donation online or by using the enclosed remit envelope. Thank you for your support.

**Frank Brightwell** Executive Director

## WHAT WE CAN MEASURE

### MEDICAL CARE DEMOGRAPHICS:

1121 unique patient visits  
85% Dominican 15% Haitian  
49% Male 51% Female  
81% Adult 19% Pediatric  
85% Returning Patients 15% New Patients

### MEDICAL TREATMENT HIGHLIGHTS:

Maintenance medication for more than 40 diabetic patients  
Maintenance medication for more than 135 patients with hypertension  
Treatment for 146 infections and 126 skin conditions  
EKGs for 23 patients  
Ultrasounds for 27 patients  
Routine PAP screenings for female patients  
Routine annual vision screenings for all local children  
1,617 on-site lab tests administered (capabilities for performing 16 different blood, urine and saliva tests)

### DENTAL CARE DEMOGRAPHICS:

599 unique patients visits  
89% Dominican 11% Haitian  
52% Male 48% Female  
82% Adult 18% Pediatric  
76% Returning Patients 24% New Patients

### DENTAL TREATMENT HIGHLIGHTS:

257 prophylaxis treatments  
218 fluoride treatments  
463 tooth surfaces filled with amalgam  
485 tooth surfaces filled with composite  
343 extractions, of which 158 were surgical  
Dozens of other treatments, including sealing, polishing, root canals  
Several dozen prosthodontics patients received full or partial dentures, repairs, relines, etc

## WHAT WE CAN'T MEASURE

- SUSTAINABILITY
- HOPE
- HEALTH
- SMILES
- COMMUNITY
- RELATIONSHIPS



# BY THE NUMBERS

81%

OF OUR EXPENSES ARE PROGRAM SERVICE EXPENSES AND DIRECT PATIENT CARE: \$184,039

15%

OF OUR EXPENSES ARE MANAGEMENT AND GENERAL ORGANIZATION EXPENSES: \$34,271

4%

OF OUR EXPENSES ARE FUND-RAISING RELATED: \$10,167

89%

OF OUR CONTRIBUTIONS ARE FROM INDIVIDUALS

11%

OF OUR CONTRIBUTIONS ARE FROM CORPORATIONS AND FOUNDATIONS



# OUR BOLD VISION

Somos Amigos Medical Missions® is neither a religious nor political organization. We are small, but we have a large mission. We are grassroots and humble, but we think big. We are a group of friends, colleagues, professionals and students, young and not-so-young who are brought together by one goal: to connect with those who struggle, to help them and to empower them, and to improve their lives through quality medical and dental care. We believe we have an obligation to reach out and to try to make a difference in our world.

Somos Amigos provides primary care to thousands of patients. But we believe that we bring our patients more than medicines and tooth fillings and vitamins—we are bringing hope. The relationships we have with those we serve are fundamental to our identity. We have connected with people, with communities, in a real and lasting way. On a wall near our pharmacy, a volunteer left a sign that reads, “If you have come expecting to heal the sick, you will be surprised, for the sick will heal you.” Beautiful connections are made on that Naranjito hillside, little miracles of healing. Lives are being changed.

For Somos Amigos, the point is not so much what we do, as marvelous as it is, but rather how we do what we do. From our organization’s inception, we have worked alongside our Dominican brothers and sisters. We make all of our decisions with them; we are always careful not to impose ourselves on our hosts and patients; we are respectful of the dignity and integrity of the people we serve.

While the clinic is open, our volunteers live in homes with campesinos. About a dozen people from Naranjito work alongside us while we work. Our host community elects a Comité de la Clínica, and that committee guides our work as much as our Board of Directors back home. Our hosts help sustain Somos Amigos; our work is just as much their call to serve as it is ours. We have become a part of the life of Naranjito, and the people living in that community have become an important part of our lives.

As Somos Amigos looks to the future, we ask ourselves,

**HOW...**  
**...CAN WE SERVE MORE PATIENTS?**  
**...CAN WE SERVE WITH AN EVEN HIGHER LEVEL OF CARE?**



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